

DVIS/CALL RAPE SERVICES

Crisis Line

24-hour emergency crisis line for domestic violence and sexual assault victims 918.7HELP.ME (918.743.5763)

Residential Services

Emergency shelter and transitional living for women and children who are fleeing violent homes

Legal Services

Protective orders, legal representation, and pro-bono legal service referrals for victims of domestic violence, sexual assault and stalking

Outpatient Counseling

Provide walk-in crisis and long-term group and individual counseling for survivors of domestic violence and sexual assault

Children's Counseling

Trauma-focused interactive therapy for children who have witnessed domestic violence, designed to re-establish a sense of trust and rebuild relationships with caregivers

Court-Ordered Domestic Violence Program

Group counseling designed to encourage accountability for abusive behavior and to implement a plan to end violent behavior

Hospital Advocacy

Support, advocacy and information for victims during a hospital rape exam

Community Education & Faith Outreach

Speaker's bureau of trained staff and volunteers offer outreach, training and education to local schools, businesses and faith communities.

DVIS/Call Rape Administrative &
Outpatient Counseling Office
4300 S. Harvard Ave.
Tulsa, OK 74135
918.743.5763

Ann Patterson Dooley
Family Safety Center -
DVIS Legal Services
3010 S. Harvard Ave., Suite 200
Tulsa, OK 74114
918.742.7480

Sapulpa DVIS
121 E. Dewey Ave.
Sapulpa, OK 74066
918.224.9290

Tulsa County Protective Orders
918.378.HELP (918.378.4357)

Kendall Whittier Outreach
918.833.9997

24-Hour Crisis Line
918.7HELP.ME (918.743.5763)

www.dvis.org

DVIS
Call RAPE
Domestic Violence Intervention Services, Inc.



LIVE UNITED
GIVE. ADVOCATE. VOLUNTEER.

Partner Agency

Domestic Violence Counseling

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Rebuilding lives affected by
domestic violence and sexual assault

DOMESTIC VIOLENCE

Domestic Violence is the physical, sexual or emotional violence occurring between partners in an ongoing relationship. There is no typical victim. It can happen to anyone, male or female, at any time. Domestic violence knows no racial, age, or socioeconomic boundaries.

Domestic violence occurs in all cultures; people of any race, sex, ethnicity, and religion can be perpetrators of domestic violence.

DOMESTIC VIOLENCE SURVIVORS COUNSELING

DVIS/Call Rape offers individual counseling services for survivors of domestic violence in the Tulsa area regardless of their ability to pay. These services help survivors stabilize when in crisis and guides them through a process of recovery promoting long-term safety and enhanced self-esteem.

Counseling addresses problems of domestic violence from a Cognitive Behavioral Intervention model that works to produce positive change in individuals. When appropriate, groups also focus on improved parenting and helping the survivors understand the impact of domestic violence on their children.

Counseling Goals Include:

- Creating a safety plan
- Reducing the risk of future violence
- Changing negative self-beliefs to more positive ones
- Increasing positive coping and self-regulation skills
- Improving communication skills
- Addressing trauma issues

Services are offered in both group and individual formats. Services are also offered in Spanish.

Counseling Groups Survivors

This group addresses individuals from a cognitive and trauma-focused perspective. Participants create their own safety plans, learn ways to relax and improve self-regulation, learn to challenge their negative thinking patterns, and address the trauma(s) they have experienced often using a written trauma narrative. The group is patterned on the three stages of recovery: safety, dealing with the trauma, and reconnecting to healthy support systems.

Survivors as Parents

This group is specifically designed for women whose children are in the temporary custody of DHS. Survivors learn about the impact of domestic violence on children, develop new ways of setting limits, and are encouraged to develop more positive ways of interacting with their children. As they focus on improving their interactive skills, they also learn ways to calm and take care of themselves in a positive manner. Survivors are also given the opportunity to express their feelings and grief in relationship to their children and their own trauma.

Court-Ordered Counseling

This group is populated with clients who have been court-ordered to attend counseling groups to address their own use of violence; participants are required to attend group sessions for 52 weeks. Women's use of violence stems from a variety of factors including self-defense, developmental histories particularly a history of childhood maltreatment, reactivity and retaliation. This group helps women gain control over their behaviors by developing self-regulatory skills, examining negative thinking patterns that lead to use of violence, and work on their own triggers so they can develop a safety plan for nonviolence. Many of these client have a trauma history containing physical or sexual abuse and may be referred to other survivors groups to address this aspect of their histories.

CASE MANAGEMENT

Case management helps clients achieve self-sufficiency by connecting them to appropriate community resources. When appropriate, immigration issues are also addressed with referrals made to legal resources.

CRISIS WALK-IN SERVICES

Due to the unpredictable nature of domestic violence, we provide walk-in crisis services Monday thru Friday from 8:30 a.m. - 5:00 p.m. The crisis line is available 24-hours at 918.7HELP.ME (743.5763).

HOW IS YOUR RELATIONSHIP:

- Is your partner extremely jealous?
- Does your partner tend to isolate you from family and friends?
- Does your partner use force during an argument?
- Do you and your partner engage in physical altercations?
- Is your partner verbally abusive?
- Does your partner look or act in a way that scares you?
- Is your partner controlling?
- Does your partner threaten harm against you or those you love?
- Does your partner force you to have sex when you don't want to?
- Has your partner abused former partners?

If you answered "yes" to even one of these questions, you may be in an abusive relationship. You are not alone. It is not your fault; abuse is never acceptable.

If you are experiencing domestic violence or want to help someone who is, please call us at 918.7HELP.ME (918.743.5763).